



Promoting Mental Health in Young Children

Handle with Care is a program for parents and other caregivers. It uses activities, games and discussions that support the social and emotional well-being of children from birth to 6 years as well as their caregivers. It helps you to

- 👉 build a strong relationship with your child**
- 👉 build your child's self-esteem**
- 👉 help your child express emotions**
- 👉 help your child form healthy relationships with others**

Offered through:

Where:

When:

Time:

For more information contact:

